

Families

Directory / Hub

Care and Support in Cornwall (formerly Family Information Services)

<http://cornwall.childrensservicedirectory.org.uk>

Tel: 0800 587 8191 Information on childcare funding and provision, advice and guidance, parenting programmes.

The Early Help Hub

<https://www.cornwall.gov.uk/health-and-social-care/children-and-family-care/accessing-early-help-for-children-and-families-in-cornwall/>

Early Help includes help provided in both early childhood and early in the development of a problem. Early Help is available to children and young people of all ages from pre-birth up to the age of 18, and up to the age of 25 where young people have special educational needs or disability.
01872 322277

Reach Hub

<https://www.twelvescompany.co.uk/cornwall/idva-services/reach>

REACH offers advice, support and then a referral on to the appropriate services for all victims and survivors of domestic violence and abuse living in Cornwall.

General

Child Protection and Safeguarding

<https://www.cornwall.gov.uk/health-and-social-care/children-and-family-care/child-protection-and-safeguarding/>

If you are concerned about a child's safety please contact the Multi Agency referral Unit (MARU) on 0300 123 1116.

Children's centres

<http://www.cornwall.gov.uk/health-and-social-care/children-and-family-care/childrens-centres/>

Children's centres are designed for children under five and their families to receive high quality integrated services, family support, parenting courses and information within their communities.

Available In;

Bodmin, Bude and Launceston; Callington and Delaware; Camborne; Falmouth and Penryn; Hayle and St Ives, Helston, Lizard and St Elvans; Liskeard and Looe; Newquay, St Columb Major and St Columb Minor; Perranporth; Redruth and Teyluva; Saltash and Torpoint; St Austell; Poldhu and St Blazey; Treloweth; Clays; Truro and Roseland; Wadebridge and Camelford; West Penwith.

Together For Families

<http://www.cornwall.gov.uk/togetherforfamilies>

Together for Families is a multi-agency programme that aims to engage and support families that experience multiple and complex challenges. It offers additional support to households where there are multiple and complex needs.

Parent Support Advisers (PSA)

Provides a link between home and school which enables a child/young person's well being and promotes a positive attitude towards education. PSAs can help by:

- Maintaining positive links with parent/carer and School
- Help parent/carer feel confident to engage with their child's learning
- Assist and support around transition stages
- To help with issues around attendance
- Help with accessing holiday and after school activities
- Family Learning Courses
- Signposting to appropriate services
- Enabling participation in the Common Assessment Framework (CAF)

Please contact the relevant local school for details of your Parent Support Adviser

Educational

Young Mums Will Achieve

<https://www.cornwall.ac.uk/YMWA>

Education Project focused on pregnant and teenage mums aged 14 to 19 years. The programme runs for a whole academic year. Childcare is provided by Fit & Fun Kids and is fully funded. Transport is also funded and provided for the programme by Cornwall Council Various locations throughout Cornwall.

Family Learning

<http://www.cornwall.gov.uk/education-and-learning/early-years-foundation-stage-eyfs-and-childcare/training-directory-eyfs-and-childcare/general-courses/family-learning/>

Family Learning is the ideal starting point for parents and carers who want to:

- Be more involved in their child's education
- Move on to improved job prospects, by gaining new skills
- Continue with their own lifelong learning

Support Groups and Activities

Cornwall One Parent Support

<https://www.supportincornwall.org.uk/kb5/cornwall/directory/service.page?id=E9oV0Oc5EpE>

Email – e.northcott@sky.com

A self-support network run by volunteers and aimed at providing support to one parent families.

Gingerbread – Single Parents equal families.

<http://www.gingerbread.org.uk>

Advice, practical support and campaigning for single parents.

BROOK Young Fathers Project

<http://www.makingthelink.net/case-study/brook-young-fathers-cornwall>

Email - youngfatherscornwall@brook.org.uk

A project providing young men with practical advice and tips on parenting, relationships and more. Can support anyone aged 25 or under or, if you are over 25 and the mother of your child is under 20. Manager Ed Hart Tel: 01209 710088

WILD

<http://www.wildproject.org.uk/>

Specialist service and groups for young parents under 23 years and their children. Call 01209 210077

Cornwall Children's Clothes Bank

<http://inclusioncornwall.co.uk/clothes-bank-for-children/>

Netmums

<http://www.netmums.com/>

Netmums is the UK's biggest parenting website offering local info, expert parenting advice, chat, competitions, recipes and friendly support.

The SUSie Project

<http://www.susieproject.org.uk/>

The SUSie Project is dedicated to providing support to survivors of Domestic Abuse.

General

Job Centre Plus

Lone Parent Advisers available in all job centres to offer support with returning to work. Ask at your local JCP office for more details.

Benefits for Families

<https://www.gov.uk/browse/benefits/families>

Benefits available to families.

Benefits Calculator: Entitled To

www.entitledto.co.uk

Check your benefit entitlement using this tool.

Healthy Start Vouchers

<https://www.healthystart.nhs.uk/>

With Healthy Start, you get free vouchers every week to spend on milk, plain fresh and frozen fruit and vegetables, and infant formula milk. You can also get free vitamins. Pregnant or have children under the age of four? You could qualify if you're on benefits, or if you're pregnant and under 18. If you claim Universal Credit and want to apply please ring the helpline direct on 0345 607 6823.

Sorting Out Separation

<http://www.sortingoutseparation.org.uk/>

the first place to look for anyone needing help and support after separation, showing you where to find reliable information, easy-to-use tools and specialist services on a range of topics

Child Maintenance Options

<http://www.cmoptions.org/>

Child Maintenance Options, provides free impartial information and support to help all parents make informed choices about child maintenance.

This is not intended to be an exhaustive list. Please refer to the Care and Support in Cornwall for a fuller list of support. Please contact emoseley1@cornwall.gov.uk to let us know if anything needs adding or amending.