

Food Services for the Homeless and Vulnerable in Cornwall

To refer a rough sleeper:

Devon & Cornwall Rough Sleeper Partnership Helpline – Tel: 0800 151 3441

Street Link - <http://www.streetlink.org.uk/> Tel: 0300 500 3441

St Petroc's

New Telephone Advice Line – 9.00 am – 5.00 pm Monday - Friday – 01872 264153

Food Services in Cornwall:

Bodmin

Bodmin Food Bank - satellite of Wadebridge Foodbank – For details see Wadebridge below

Bude

Bude Food Hub, Oceans Community Centre and Oceans Community Church- 35, The Strand, Bude EX23 8RA

Open Monday – Friday 10.00 am – 1.00 pm Tel 01288 359714

Website - www.oceanscommunitychurch.co.uk.

Callington

Foodbank (Trussell Trust) – situated at the Mustard Seed Church Car Park, next to the church.

Covering PL17 area-Gunnislake, Calstock, St Dominick, Harrowbarrow.

Open Monday, Wednesday and Friday 2.00 pm – 4.00 pm.

Tel No.: 07931 011459 Email: callingtonfoodbank@gmail.com

Satellite Foodbank at Gunnislake – Open on Thursday afternoons 2.00 pm – 3.00 pm at St Anne's Church Hall (contact details same as Callington)

Camborne

Coastline Housing, Basset Road, Camborne. TR14 8SE - Facilities:

Day Centre – Open 9.00 am – 3.30 pm (address above) Tel. 01209 722485

Night Shelter – Open 3.30 pm – 9.00 am Weekends 24 hours Tel. 01209 713457

G.P; shower: washing machine, CADA (Addaction drug and alcohol treatment); resettlement; supported housing; housing advice; benefit advice; hot snacks; tea/coffee; education programmes; computer room – internet and e-mail for clients

**Camborne Parish Church Hall, Church Street, Camborne TR14 7DF – Facilities:
Camborne Community Kitchen**

Breakfast Club

Monday, Wednesday & Friday 7.50 am – 8.50 am

Evening Kitchen

Tuesday & Thursday 17:00 -18:00 pm

Independent Foodbanks

At Redruth Methodist Chapel and Centenary Chapel, Camborne – Open every Thursday from 10.00 am – 12.00 noon.

Clients will need a cheque from an agency and ID. N.B. We give 7 days of food.

Contact: Don Gardner 01209 714592

Falmouth

Falmouth Homeless Action Group/Churches together (FHAG)

Wednesday and Friday

Open from 10.30 am – 1.30 pm, Dracaena Centre, Dracaena Avenue, Falmouth
Cooked breakfast; tea/coffee, cakes; showers/washing facilities; access to housing; alcohol and drug advice.

Penryn/Falmouth Foodbank (Trussell Trust)

Highway Community Centre, Church Road, Penryn TR10 8DX

Tel: 01326 618575 foodbank@highwaychurch.co.uk

Distribution times:

Monday 10am – 2pm includes Lizard Pathways job club

Wednesday 10am – 2pm includes Lizard Pathways job club and Sarah Newton's caseworker

Friday 10am – 4pm includes Cornwall Befriending Service

Co-ordinator – Sarah Simons

Camelford

Camelford Foodbank – Satellite of Wadebridge Foodbank – Please see Wadebridge below

Hayle

Foodbank:

Hayle Methodist Church, 6, Chapel Hill, Hayle TR27 4JU

Open Saturdays 9.00 am – 12.00 noon

Contact: Margaret Tanner 01736 756772

Helston & The Lizard

Foodbank:

The Trussell Trust is running the Helston Foodbank from the Mustard Seed 'Open Door Café' in 14-16 Wendron Street, Helston TR13 8PS.

Opening Times:

Monday 10am-2pm, Wednesday 10am-2pm, Friday 10am-2pm.

Contact: Ruth McGurk e-mail ruth.mcgurk.foodbank@post.com or call 0783 389 2289

Launceston

Foodbank (Trussell Trust):

Central Methodist Church, Dingley Hall, Castle Street, Launceston PL15 8BA

Open Tuesdays 10.00 am – 1.00 pm

Unit 13D Newport Industrial Estate, Launceston PL15 8EX

Open Thursdays 10.00 am – 1.00 pm

Contact: Revd Keith Richards Tel. 01566 777117 or e-mail RosemarieI@btinternet.com

Liskeard and Looe

Liskeard and Looe Foodbank (Trussell Trust) - covering Liskeard, Looe and Torpoint districts.

Foodbank Centre, Unit One, Barras Place, Liskeard. PL14 6AX Tel: 07512 011452

Open: Mon/Wed/Thurs 09.30-12.30

Email: liskeard.foodbank@gmail.com **Web:** liskeardlooe.foodbank.org.uk

Newquay

Foodbanks:

St Columb Minor Church Tuesdays 10 am – 12 noon

St Michaels Church, St Michaels Road. Newquay Fridays 10 am – 12 noon

The Oasis Centre, St Columb Major Saturdays 10am-12noon

Contact Pat Walton patwalton2@sky.com

Food Bank outside of hours call 01637 873087 or 07810 271202

Little Sparrows SW - Sunday Lunchtime kitchen at St Michaels Church, St Michaels Road, Newquay is open from 12.45pm to 2pm offering sandwiches and hot drinks.

Tuesday evening kitchen at the Newquay Centre, St Michaels Road Newquay from 5.45pm to 7pm offering a free hot meal. Contact Elaine Poole poole_e@sky.com

Penzance

CTIPA Breakfast Project, Breadline Centre, Bread Street, Penzance

Open Mondays – Fridays 7.00 am – 8.00 am Contact: The Giving Shop: 01736 448131

YMCA, The Orchard, Alverton Road, Penzance TR18 4TE Tel 01736 334 820

16 – 25 years Supported Housing, 24 hours, 7 days per week

Breadline Centre, PO Box 133, Bread Street, Penzance TR1 2YU Tel. **01736 366767** Open Monday – Friday 9.30 am – 4.00 pm offering general advice and resettlement services 16 to 65 year olds, single homeless. Shower and washing machine facilities available. **Outreach Service** – Mondays 01872 264153

Light & Life Church (Penzance & Hayle)

Distribute hot food between 6.15 pm – 7.15 pm at Penzance Bus Station on Saturday evenings.
Contact Lydia 07891 472497

Shekinah Church Penzance

Distribute hot food on Sunday evenings, please check with them for times and venues - 01736 369616

CTIPA Penzance Food Bank

It opens weekly on Tuesday mornings from 9.00 – 1.00 p.m. to accept donations of food and goods from Superstores and opens for clients on Thursdays from 9.00 am - 1.00 pm to distribute food via vouchers received. It is situated at adjacent to The Stores (next to the parade of shops) Treweath Road, Treneere Estate, Penzance. Co-ordinator - Chris Gendall, Tel: 01736 365410; email: cmgendall@hotmail.co.uk Access to food is via a voucher system from 36 agency outlets in Penzance/Penwith.

ROAMING, Penzance at Breadline

– Art and more. 9.30 am – 3.30 pm Thursdays Contact: Laura Wild, laura_wild@mac.com
www.roamingon.weebly.com

Perranporth

Foodbank – St Michael's Church, Perranporth – Open on Tuesdays 10.00 am – 12.00 noon
(see contact details under Truro Foodbank)

Redruth

Foodbank – For details see Camborne above.

Saltash

Foodbank (Trussell Trust) – **Lower Ground Floor, 18 Belle Vue Road, Saltash, PL12 6ES**
(beneath Saltash CAB)

Open on Mondays, Wednesdays and Fridays from 2.00 pm – 4.00 pm
Contact: 07580 665785 or Freephone: **0800 328 2124**

St Austell

STAK – Open 10.30 – 5.00 Monday to Saturday

Tea/Coffee 30p available all day

Lunch 12.00 – 1.00 3 courses £1.50 free soup/bread

Tea 4.00 – 5.00 Sandwiches and cake 75p

STAK Debt Advice service now available – Monday 6.00 pm – 8.00 pm

Contact: David and Kim Matthews 01726 77457 kim.matthews@stakstustell.org.uk

St Austell Foodbank (Trussell Trust)

St. Austell Foodbank is based at the Light & Life Centre, 4 Brunel Business Park, The Sidings, St Austell PL25 4TJ.

Opening Times Mondays 1.00 pm – 3.00 pm; Tuesdays 1.00 pm – 3.00 pm; Thursdays 1.00 pm – 3.00 pm, Fridays 1.00 pm – 3.00 pm. There are also outlets in **Roche and Par**.

Contact: John Townley, Church of Light and Life, Tel. 01726 75953 staustell@lightandlife.co.uk

Salvation Army

The Salvation Army, Ranelagh Road, (Mount Charles), St Austell.

Open Wednesdays 9.30 am – 12 noon. Food, bedding, household objects, clothes. This is for the homeless and people on low incomes.

Contact: Major Ruth Evans Ruth.Evans@salvationarmy.org.uk

St Petrocs Society

New Telephone Advice Line – 9.00 am – 5.00 pm Monday - Friday – 01872 264153

Website: www.stpetrocs.org.uk **Email:** home@stpetrocs.org.uk

Breadline Centre, Penzance – Penzance 01736 366767 – E-mail: home@stpetrocs.org.uk

Opening hours:

Monday	9.30 am – 1.00 pm
Tuesday	9.30 am – 1.00 pm
Wednesday	9.30 am – 1.00 pm
Thursday	9.30 am – 1.00 pm
Friday	9.30 am – 1.00 pm

Truro Resource Centre – Truro 01872 264153 – E-mail: home@stpetrocs.org.uk **Opening hours:**

Monday	9:30 am - 1:00 pm
Tuesday	10.00 am - 4:00 pm
Wednesday	9:30 am - 1:00 pm
Thursday	10.00 am - 4.:00 pm
Friday	9:30 am - 1:00 pm

Outside these hours our phone and centre is staffed between 9.00 am – 5.00 pm for donations and pre-arranged interviews.

Supported accommodation:

Truro Alexandra 01872 222405

Newquay St Georges 01637 872491

Bodmin Chapel 01208 269930

Cosgame Hall 01726 74186

Truro Tremayne 01872 270124

Bodmin Castle 01208 77165

Falmouth Trelawney 01326 319360

Truro

Truro Homeless Action Group (THAG) – Breakfast is supplied every morning at St John's Hall, Strangways Terrace, Truro, between 7.30am – 8.30am with festive lunches on Christmas Day and Boxing Day from noon to 2pm (no breakfast is served on these days).

Monday

A hot meal and pasties are provided at St Petroc's, 8 City Road, Truro at 6.30 pm.

Tuesday

A soup run is provided at the Piazza in the Town centre in the evening at 5.45 pm

Friday A hot meal is provided at St John's Hall, Strangways Terrace in the evening between 6.00 pm – 6.45 pm

Truro Foodbank (Trussell Trust) Tel: 07721 711669 who will supply emergency packaged food for the family. A voucher **will** be required. Website: www.trurofoodbank.org.uk

Email address: trurofoodbank@gmail.com

Postal address: Truro Foodbank, All Saints Church, Tresawls Road, Highertown, Truro TR1 3LD

Food banks information and opening times:

Monday at Truro Methodist Church between 10.00 am – 12.30 pm

Tuesday at Highertown Parish Church Hall between 10.00 am – 12.00 noon

Thursday at Truro Methodist Church between 10.00 am – 12.30 pm

The Roseland Foodbank – food delivered to clients by arrangement Tel. 077 2172 1669

Perranporth Foodbank – Telephone service to Truro Foodbank Tel. 077 2171 1669

Cornwall Works Hub

Cornwall Works Hub are a central point of advice and guidance for you on where / how to access any kind of support. You can ring the team on 01872 326440 and talk the situation through..... or you can email Emma Mosely on emoseley1@cornwall.gov.uk.

They also coordinate a resource sharing network which comprises of around 250 frontline workers who use it to share information, activities, and opportunities and to problem solve difficult issues. If you want to be added to the network send your details to Emma.

Finally, Cornwall Works Hub have put together 18 thematic resource sheets on a range of topics such as migrant workers, health, funding, self-employment, clothes banks. You can find them on our website - <http://inclusioncornwall.co.uk/resources/library/> .

Useful telephone numbers:

St Petrocs	01872 264153 (for opening hours see previous page)
CAP (Christians Against Poverty)	01872 279534
Citizens Advice Bureau	0844 4994188
Cornwall County Council	0300 1234161

CCMHT	01872 356000
DAAT	01872 354471
Health for the Homeless	01872 242294
Samaritans	01872 277277
Shelter	0344 5152300
Social Services	01872 278533
Cosgarne Hall	01726 74186

Wadebridge, Bodmin & Camelford

Wadebridge Foodbank (Trussell Trust) & **StoreHouse**- Unit 2 Trevanson Street, Wadebridge, PL27 7AR (opposite Lidl) Open on Monday – Thursday 10.00 am – 1.00 pm. **Tel-** 01208 815374

Bodmin Foodbank (satellite) – Bodmin Christian Fellowship, Berrycoombe Road, Bodmin PL31 2NS, Open on Monday and Wednesday 1.00 pm – 3.00 pm

Camelford Foodbank (satellite) – St Thomas Church, Camelford, PL32 9PD. Open on Tuesday 2.00 pm – 4.00 pm and Thursday morning from 10am – 12 midday

Contact for Foodbanks: 01208 815374 (Wadebridge Shop)

Out of hours contact Jacqui White on 07813 606291

Email: contact@wadebridgefoodbank.org & website www.wadebridgefoodbank.org

Version (31) 25.08.16 (accurate when drawn up). Any amendments or alterations to be made to: Sue Thorold sue.thorold@truro.anglican.org or 01872 274351

