



WINTER WELLBEING 2015/16

Winter Wellness 2015/16, funded by Public Health, Inclusion Cornwall, Council of the Isles of Scilly, Community Energy Plus and Cornwall Community Foundation (CCF). **Over 30 partners** including NHS worked together to deliver common outcomes of reducing fuel poverty, improving health and progress to work. Community Energy Plus run the Freephone advice line **0800 954 1956**

Key highlights

1,560 called the Community Energy Plus Freephone

510 referred to other partners for assistance



250 received energy advice (energy monitors)

£1.3m government grant to install new central heating in 376 homes

317 households assisted

by Winter Wellness Emergency Fund

18 helped by Plymouth Energy Community (energy debts)

97 helped at Age UK advice events, now claiming £250,000 extra income

700 reached by CRCC energy advice sessions

Top 5 health reasons for applying

- ♥ mental health
- ♥ musculoskeletal/arthritis
- ♥ asthma
- ♥ children in cold homes
- ♥ heart/obstructive illnesses

"I can now think because you freed up my money as it was all going on coal. I have completed my CV and am going to apply for jobs. I couldn't face this when I was so cold. I lived in my fleece pyjamas"

Wider health benefits

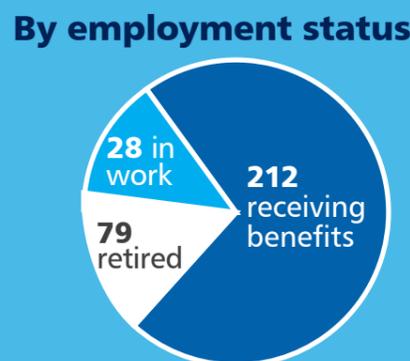
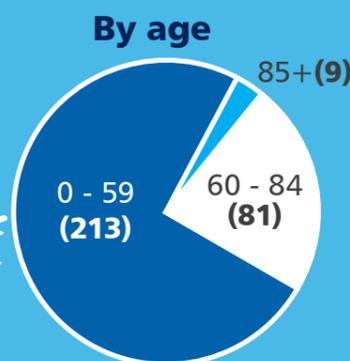
80 hospital admissions prevented

+ saving NHS **£71,000**

£1 spent on Winter Wellness

saves the NHS **£2.09**

Surviving Winter (CCF) offered **£5,000** support to Winter Wellness (Every £1 from CCF equated to £2.40 of Winter Wellness)

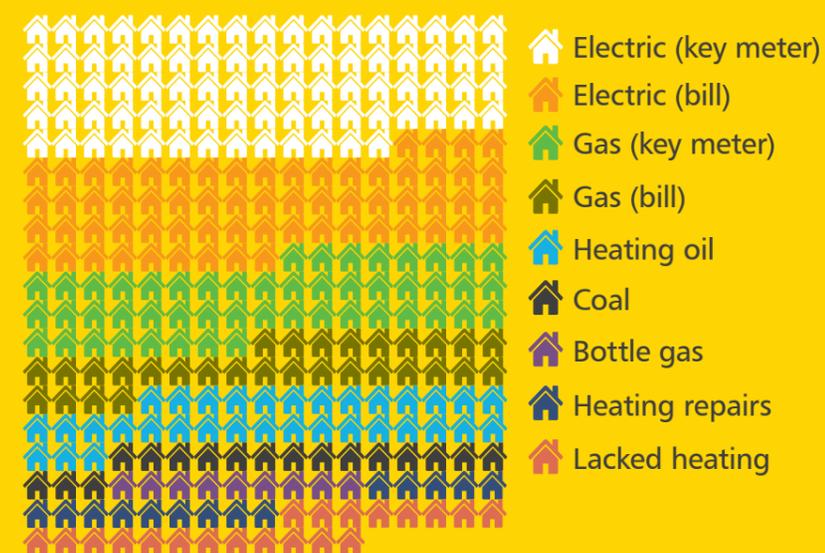


"tipping point was Winter Wellness - £136.00 of Winter Wellness help with energy costs, that helped with some much needed breathing space... Mr A has now moved into full time paid work and Ms A is awaiting surgery but will go back to work when recovered".

"Thank you SOOOO much for this and all your help!! This will make such a difference!!!"

"On behalf of my family and me we thank you from the bottom of our hearts - I couldn't believe it when I had a phone call from the CAB today! You have done a wonderful thing in assisting us at a dark moment in time and once again my sincere thanks "

Winter Wellness Emergency fund helped **29** households on Isles of Scilly and **288** in Cornwall, to stay warm and well, in the following ways:



Work outcomes - 11% of working age supported to go back to work, remain in or progress to work (pre follow up... likely to increase)

Improved health - reduced money worries

117 received other Cornwall Council Discretionary Funds, that helped to improve their income, health and reduce money worries



Council Tax help **£10,400**