

# Seeking Work in Exeter, Northern and East Devon

A guide to where to find help and advice if you are facing redundancy or unemployment.

June 2020

<http://inclusioncornwall.co.uk/resources/library/>

The logo for Jobcentreplus, featuring the text "jobcentreplus" in a white, lowercase, sans-serif font on a black rectangular background.

**jobcentreplus**

Department for  
Work and Pensions

# Here to help

The help detailed on the following pages is usually free of charge if you are unemployed or under notice of redundancy. **Jobcentre Plus is not responsible for the content or reliability of linked websites. Listings should not be taken as an endorsement of any kind.**

The leaflet is designed to be used online as it contains links to other websites and is available electronically on the at <http://inclusioncornwall.co.uk/resources/library/>

The most recent version should always be on this website. If you search using a search engine (like Google or Bing, for example), you may not necessarily find the most up to date edition.

For any amendments to the contents of this document please contact the Jobcentre Plus Response to Redundancy Team at [rrs.devonandcornwall@dwp.gov.uk](mailto:rrs.devonandcornwall@dwp.gov.uk)

## Contents

Title	Page
Local Help	2
Redundancy; Careers Advice & Training	3
If You Are Considering Self-Employment	4
Money Matters	5
Other Sources of Help/Information	8
Information for Overseas Workers; Mental Health & Debt;	10
Seeking Work/Getting a Job Response to Redundancy Volunteering; Online Recruitment & Applications;	11
Improving Your IT skills	12
Recruitment Websites	13
Recruitment Agencies operating in Devon	15
Construction Agencies In The South West	21
Citizens Advice Bureaux in Devon & Cornwall	22

## Call Charges And Phone Numbers

If you call from a landline, approximate charges to numbers beginning 01, 02 or 03 are between 2 & 10p per minute; calls to 0845 numbers are charged at between 1 – 10.5p per minute. Calls to 0800 or 0808 numbers are free. Check with your phone provider to find out the actual cost. Calls from payphones can cost more. For more information

about other charges, you can check the Gov.Uk site here <https://www.gov.uk/call-charges>

## Local help

Most of the help given here is free of charge if you are unemployed or under notice of redundancy. It's good to check the internet for the latest information. You can do this if you have an internet connection on your home computer. Alternatively, go into your local library, college or learning centre for help.

You can find your nearest learning centre by going to [www.ukonlinecentres.com](http://www.ukonlinecentres.com) or you can call 0114 349 1666 Free internet access is available at some Exeter libraries through Devon County Council. To see where you can access the internet for free in Exeter, follow this link <http://www.exeter.gov.uk/index.aspx?articleid=2996>

Free internet access is available at some other Devon libraries through Devon County Council. Check here to see if your local library is one of them.

<http://www.devon.gov.uk/index/cultureheritage/libraries/facilities-2/computers.htm>

If you do not have a computer, it may be possible for you to buy a low cost one at <http://www.getonlineathome.org/>.

**GOV.UK** is the UK government website and gives access to a range of information and advice.

Topics include:-

- [Employment](#)
- [Money and tax](#)
- [Benefits](#) (including information on which benefits and how to make your claim)
- [Education and learning](#) where you can learn more about improving your "Skills for Life"
- [Claiming Jobseeker's Allowance or Universal Credit Online](#) You can get advice online about what benefits, pension or other financial help you may get at [www.gov.uk/benefits-calculators](http://www.gov.uk/benefits-calculators)
- [Redundancy](#) - your rights

When you are looking for work no matter how the job has been advertised, it is always your responsibility to protect your own safety. The **GOV.UK** site also has some very helpful tips on protecting your personal details and steps you can take to protect yourself when looking for work in the [Safe Jobseeking](#) section.

Access at [www.gov.uk](http://www.gov.uk) or click on the links above to go to the section you want.

# Redundancy

## Checklist (when leaving your job)

On your last day at work you should receive your full entitlement to wages, plus payment for any outstanding period of notice that you have not worked. You should also receive:-

- accrued holiday pay
- details of your personal pension arrangements
- your income tax form P45
- references – agreed by your employer
- redundancy pay (subject to two years continuous service)
- a letter stating your date of redundancy.

Detailed information on your rights in redundancy is available from the Money Advice Service [here](https://www.moneyadviceservice.org.uk) or go to [www.moneyadviceservice.org.uk](https://www.moneyadviceservice.org.uk)

## Redundancy Payments Helpline

Get information and advice on statutory redundancy pay in England, Scotland and Wales [on Gov.uk](https://www.gov.uk).

Telephone: 0330 331 0020

Monday to Friday 9am to 5pm

You can get help with

- [statutory redundancy pay](#)
- [your rights if your employer has gone into liquidation](#)

You can also contact ACAS for information and advice. Their helpline number is 0300 123 1100. Alternatively you can go online at

<http://www.acas.org.uk/index.aspx?articleid=1339>

## Lump sum payments on redundancy

If you receive a lump sum payment, it may include a payment in lieu of notice as well as a redundancy payment. These may affect your benefit entitlement. If you have to claim benefits from the Department for Work and Pensions, they may need to know how any such payment was spent. You can seek advice from an independent advice agency.

## Apprentices

If you are undertaking an Apprenticeship and are at risk of, or are made redundant, there is assistance available to help you to complete your Apprenticeship. This may be by helping to find another employer with whom you can complete your training, or there is the possibility of completing it through a full-time learning route.

**For more information contact the training provider or college who supports the delivery of your Apprenticeship training.**

The National Apprenticeship Service also has a website at [www.apprenticeships.org.uk](https://www.apprenticeships.org.uk)

# Careers Advice and Training

**The National Careers Service** (NCS) provides access to independent, professional advice on careers, skills and the labour market. The service is free to everyone aged 13 and over and is available online and through advisers on the telephone. For adults there is also face-to-face advice in the community.

If you want to arrange an appointment for a Skills Transfer Analysis then you should call your local office to book a face to face appointment in your area with one of their qualified careers advisers. Telephone 0333 0062966. You will need to specifically state that you are booking a Skills Transfer Analysis appointment.

For general careers information you can access their website on

<https://nationalcareersservice.direct.gov.uk/Pages/Home.aspx>. You can also look for different types of learning opportunities using the National Careers Service Find a Course site here

<https://nationalcareersservice.direct.gov.uk/course-directory/home#> All providers are contracted with the Skills Funding Agency (SFA) or the Education Funding Agency (EFA) and include colleges, training providers and local education authorities. Contact an adviser if you need help finding the right course for you.

**Skills Toolkit** Free digital and numeracy courses to build skills via a platform hosted on GOV.UK. has introductory, intermediate and advanced online courses, tools and resources <https://theskillstoolkit.campaign.gov.uk/>.

## Training

If you are unemployed and claiming benefits, you can ask your **Jobcentre Work Coach** about funded training.

## Response to Redundancy

Help may also be available to assist people affected by redundancy to undertake additional **short duration job focused training**, via the Response to Redundancy Service (RRS) fund.

Eligibility conditions apply, including that funding for the job focused training should not be available from another source and you will need to provide evidence that the requested training will substantially increase chances of getting a job. If you have recently been made redundant and registered for Jobseekers Allowance or Universal Credit ask your Work Coach, or contact the RRS team [rrs.devonandcornwall@dwp.gov.uk](mailto:rrs.devonandcornwall@dwp.gov.uk), as we may be able to help you access work focussed training.

## The Learning Institute

For people who have worked or want to work with children and young people, offer a Foundation Degree in Integrated Children's Services. They are based in the South West and offer a range of education based development services independently and through their partners.

Contact 01726 891 807 or email

[hello@learninginstitute.co.uk](mailto:hello@learninginstitute.co.uk) or visit their website at [www.learninginstitute.co.uk](https://www.learninginstitute.co.uk)

## Higher Education

If you are considering Higher Education, Life Pilot is a web site that seeks to broaden access to Higher Education for adults, it gives practical advice and information. Access at <http://www.life-pilot.co.uk/>

## The Transition to Teaching Programme

has been designed to help employers promote a new career in teaching to high-performing employees who are considering a mid to late career change. If you are an employee or thinking about changing career and you are interested in getting into teaching, you can [sign up with the Teaching Agency](#) for information and advice.

## Health Careers

The NHS has a website aimed at people of any age thinking about a career in health, and those who've already started a career in health and are thinking about their next step. To find out more go to

<https://www.healthcareers.nhs.uk/>

**Scope** is a charity that exists to make this country a place where disabled people have the same opportunities in life as everyone else.

Scope provides a service called **Support to Work** which offers **advice to disabled people** applying for jobs. This is an online employment service supported with telephone, Skype or text

It's open to disabled people who:

- are of working age
- are looking for paid work
- have access to the internet, telephone and email
- and live in England or Wales.

Scope experienced advisors can support customers with:

- employability skills
- CV guidance
- interview techniques

More information can be found at:

<https://www.scope.org.uk/support/services/employment/support-work>

## Apprenticeships

Apprenticeships aren't just for the young. They give you an opportunity to gain the skills and experience to succeed in a new field. Almost anyone over the age of 16 can apply for an apprenticeship and take a major step towards building a new career. Apprenticeships combine practical training in a job with study.

As an apprentice you'll:

- work alongside experienced staff
- gain job-specific skills
- earn a wage and get holiday pay
- get time for study related to your role (usually one day a week)

Search for apprenticeships that might be suitable for you here

<https://www.findapprenticeship.service.gov.uk/apprenticeshipsearch>

The National Apprenticeship service has produced an information leaflet

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/699397/Guide-to-Apprenticeships\\_090418.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/699397/Guide-to-Apprenticeships_090418.pdf)

## If You Are Considering Self Employment

The [GOV.UK](#) website has links to practical help and support for people considering setting up their own business at <https://www.gov.uk/set-up-self-employed> including lists of organisations that may be able to help with finance and other practical support

<https://www.gov.uk/business-finance-support>

**National Business Support helpline** You can find practical on line help and support for people considering setting up their own business at

<https://www.gov.uk/browse/business/setting-up>.

You can contact the **National Business Support Helpline** for advice and information about setting up your own business in England on 0300 456 3565. The helpline is open Monday to Friday, 9am to 6pm. They will be able to give you information about Growth Hubs which are being set up across the Country.

**Start Your Own Business** If you are starting a business in the UK, this site is full of FREE resources, useful information and local contacts to help you start and grow successfully. <https://www.syob.net/>

## New Enterprise Allowance

New Enterprise Allowance can provide money and support to help you start your own business if you're getting certain benefits. Go to <https://www.gov.uk/new-enterprise-allowance> to find out more

## Her Majesty's Revenue and Customs

You should register with HM Revenue & Customs ([HMRC](#)) if you are going to take up self-employment.

**Where to go for further advice and help**

- **Registering for Self Assessment** [www.hmrc.gov.uk/sa/register.htm](http://www.hmrc.gov.uk/sa/register.htm)
- **GOV.UK website** [www.gov.uk](http://www.gov.uk)
- **Tax Help series factsheets** [www.hmrc.gov.uk/thelibrary/tax-help.htm](http://www.hmrc.gov.uk/thelibrary/tax-help.htm) easy to read factsheets covering a range of topics ie: "Keeping records for business" and "Problems paying your tax".
- **Online presentations** [www.hmrc.gov.uk/webinars](http://www.hmrc.gov.uk/webinars) Live presentations or "webinars" available on set dates, or pre-recorded webinars are available
- **Helplines** [www.hmrc.gov.uk/contactus](http://www.hmrc.gov.uk/contactus) Contact the helpline if you need further help.
- A selection of mobile apps is available for download, including the [simple record keeping](#) app and HMRC's [Tax calculator](#) app, which allows people to work out how much tax they pay and how the Government spends it.

Remember to register with HMRC within 3 months of starting self-employment. Contact the Newly Self-Employed helpline on 0300 200 3504 and see [www.hmrc.gov.uk/startup](http://www.hmrc.gov.uk/startup) for more details

**The Citizens Advice Bureau** also has a great deal of useful information on their self-employment checklist at [http://www.adviceguide.org.uk/england/work\\_e/work\\_self-employed\\_or\\_looking\\_for\\_work\\_e/self-employment\\_checklist.htm](http://www.adviceguide.org.uk/england/work_e/work_self-employed_or_looking_for_work_e/self-employment_checklist.htm)

## Social Enterprises

Social enterprises are businesses trading for social and environmental purposes. Many commercial businesses would consider themselves to have social objectives, but social enterprises are distinctive because their social and/or environmental purpose is absolutely central to what they do - their profits are reinvested to sustain and further their mission for positive change. Examples of well known Social Enterprises are **The Big Issue**, or **the Eden Project**. If you are interested in developing a social enterprise go to

<https://www.devon.gov.uk/economy/business-support/enhance-social-enterprise/> for more information.

You can also find more information available online at [the Setting up a Social Enterprise](#) pages of [GOV.UK](#)

### Need some additional vocational training to start self-employment?

If you are under threat of redundancy, or have been recently made redundant and you find that you need some additional vocational skills / training to make your business proposal viable, the Jobcentre Plus Response to Redundancy team may be able to assist by funding some **short duration training**. There are conditions that apply to this funding – for example, we cannot reimburse you for training that you have already paid for, and if the training is available for free or from other funded provision, then funding would also not be available. Ask your Work Coach about this, or contact the Jobcentre Plus Rapid Response team at [RRS.DEVONANDCORNWALL@dwp.gov.uk](mailto:RRS.DEVONANDCORNWALL@dwp.gov.uk) for more information.

## Money Matters

### Jobseeker's Allowance & Universal Credit

If you are looking for work, you can claim either Universal Credit or Jobseeker's Allowance, depending on your circumstances. You can check to see if you are eligible for Universal Credit or a contribution-based New Style Jobseeker's Allowance (JSA(C)NS) here

<https://www.gov.uk/how-to-claim-universal-credit> and more information to help you understand about Universal Credit is available here

<https://www.understandinguniversalcredit.gov.uk/>

If you have worked and paid enough National Insurance contributions, usually within the last 2 tax years, you may be eligible to claim a contribution-based benefit. See gov.uk for more information about [New style Jobseeker's Allowance](#) and [New style Employment and Support Allowance](#).

To find out more about what benefits are available, visit the Benefits & Financial Support page on the GOV.UK website at <https://www.gov.uk/browse/benefit> You can also check how much benefit you may be able to get on one of the benefits calculators here

<https://www.gov.uk/benefits-calculators>

### You will need

- an e-mail address; and
- a suitable CV

The CAB website explains how to get an email address on their website here

<https://www.citizensadvice.org.uk/benefits/universal-credit/claiming/starting-your-universal-credit-claim/> and CV help is available from the National Careers Service here <https://nationalcareers.service.gov.uk/get-a-job/cv-sections>

### Getting help to apply for Universal Credit

**The Citizens Advice Help to Claim** service can support you in the early stages of your Universal Credit claim, from the online application, through to support with your application before your first full payment. It's a free, independent, confidential and impartial service provided by trained advisers from Citizens Advice. They can help with things like how to gather evidence for your application or how to prepare for your work coach appointment.

#### Call for free:

0800 144 8 444 (England)

08000 241 220 (Wales)

Get support online or find your nearest face to face service at [citizensadvice.org.uk/helptoclaim](https://citizensadvice.org.uk/helptoclaim)

### Lump sum payment

If you receive a lump sum, it may include a payment in lieu of notice (PILON) as well as a redundancy payment.

These may affect your benefit entitlement. You need to think carefully about how you use a lump sum. If you have to claim an income related benefit in the future, Jobcentre Plus may need to know how you have spent it.

Redundancy payments will be treated as capital if you claim an income based benefit, and may affect your entitlement. Holiday Pay may be included in the amount of capital you have and may therefore affect your entitlement to benefit.

PILON and Holiday Pay do not count as income for the purposes of claiming **Jobseeker's Allowance** (JSA(C)NS), so you should make your claim immediately. You will not have to wait until the period covered by PILON or Holiday Pay is over.

Unlike JSA(C)NS, any income paid to you after the date you claim **Universal Credit** will affect the amount you receive.

## Tax Credits

It is important to tell the Tax Credit Office about any changes to your working circumstances because it may change the amount of Working Tax Credit you get. Contact on **0345 300 3900**, between 08:00 - 20:00, or see the website for more information [www.hmrc.gov.uk](http://www.hmrc.gov.uk) and select Tax Credits

## Adjusting your budget

One of the most worrying aspects of redundancy and unemployment is the need to adjust to reduced income, balance the budget and manage debt. It is important to follow some simple rules:

Sort out your important bills and draw up a personal budget. List your income and spending. Allocate money to your important bills and see what is left for your less important bills or other non-priority debts.

You should always pay your important or priority bills first, such as your mortgage or rent, fuel, water, council tax, fines and child support.

After you have sorted out your priority bills and taken into account your normal household bills and expenses, you can approach your other creditors and offer to make a payment. These creditors will be more interested in getting something from you rather than take any action against you. If you offer to pay less than the interest being charged, ask the creditor to suspend the interest.

**The Money Advice Service** offers a free, online money health-check which will take you through the steps to draw up your personal budget plan.

They also provide a wide range of impartial information on money matters covering from cards and loans to savings and investments. This is all available from:

<http://www.moneyadvice.org.uk> or you can call their helpline on **0300 500 5000**. Calls are charged at your normal rate.

You can get free independent debt/money management advice from your local **Citizen's Advice Bureau**. The phone number for your local CAB can be found in your local Yellow Pages or access their Advice Guide web site at [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

**Free independent telephone advice on debt is also available from, amongst others:**

- Payplan – 0800 716 239
- National Debtline – 0808 808 4000
- Debt Advice Network – 0151 356 8200  
<http://www.thedebtadvicenetwork.org> e mail [info@thedebtadvicenetwork.org](mailto:info@thedebtadvicenetwork.org)
- Consumer Credit Counselling Service – 0800 138 1111
- **Advice Now** is an independent, not for profit website providing accurate information on rights and legal issues.

- **Advice UK** is the largest UK network of advice providing organisations. They don't give advice themselves, but can put you in touch with the right advice giving agency.
- **Civil Legal Advice** offers free help or legal advice with debt, housing, employment, education and welfare benefit issues. Call 0345 345 4 345

If you have a disability, or have other barriers which might affect your ability to source help and advice, you can also visit the Devon County Council website at <https://new.devon.gov.uk/care-and-health/disabilities/getting-help/advocacy/> for more information on local sources of help.

## Mortgage/Secured Loan

You must pay your monthly mortgage. If you are having difficulty, contact your lender to discuss interest only payments, temporary suspension/ reduction in payments, extending the term of the mortgage, freezing endowment payments and other options.

If you are having problems paying your mortgage you can also contact Homemaker, an independent advice charity, at [www.homemakersw.org.uk](http://www.homemakersw.org.uk)

## Rent and Council Tax

You must pay your rent and council tax. You may be entitled to help with these. To find out more, contact your District Council. A list of district councils is available at <https://new.devon.gov.uk/neighbouring-authorities/>

## Housing

If you are homeless, are threatened with homelessness or concerned that you may become homeless, you should make contact with the housing advice service. **Exeter:** You can either visit at the Exeter City Council, Housing Solutions Service, Civic Centre, Paris Street, Exeter, EX1 1JN between 9am and 4:30pm, Monday to Friday, or contact by telephone on 01392 265726 Out of hours: 01392 265147, or by email at

[housing.advice@exeter.gov.uk](mailto:housing.advice@exeter.gov.uk).

**North Devon:** If you do NOT have any accommodation that is safe for you to access tonight, apply online for help but please also go to one of North Devon Council's offices to speak to a duty housing officer or call us on 01271 388870. If it is outside office hours call us on 01271 388240. If you are at risk of homelessness, you should contact the Council as soon as possible on 01271 388870.

**East Devon:** You can call East Devon District Council on 01395 571660 to speak to a housing officer or you can visit their offices at the Knowle in Sidmouth between 8:30am and 4:30pm, or the Town Hall in Exmouth between 9am and 1pm and 2pm and 4pm to see a housing officer. Alternatively, you can email them at

[housingoptions@eastdevon.gov.uk](mailto:housingoptions@eastdevon.gov.uk).

**Shelter** also provides housing debt advice and advice and support on finding a place to live. You can contact them on **0808 800 4444** or online at [www.shelter.org.uk](http://www.shelter.org.uk).

**The Money Advice Service** offers advice and information about what to do if you have mortgage or rent arrears. Visit their website here

<https://www.moneyadvice.org.uk/en/categories/debt-and-borrowing>

## Gas/Electricity/Water

Consider paying through a budget scheme or through a card/token meter. Paying by direct debit is cheaper. You may want to try and get a cheaper tariff for your gas and electricity. A switching company can provide you with information.

If you would like to speak to an adviser for further details about changing tariffs, or for more general advice on how to save energy and money, call **0800 512 012** or go online at [www.energysavingtrust.org.uk](http://www.energysavingtrust.org.uk).

Advice provided by the South West Energy Saving Trust is free and is available to all domestic households in the region. It is part of the national network of advice centres managed by the Energy Saving Trust.

## Magistrate Court Fines

Always pay something. Send a letter to the court explaining your circumstances together with a personal budget and offer of payment. See the section on Her Majesty's Court Service below.

## Hire Purchase

Seek advice from your creditor. Non-payment could mean your goods being repossessed.

## Maintenance/Child Support

If you are paying maintenance and child support through the Child Support Agency, you should ask for a reassessment because your income has dropped. If you are paying through any other arrangement that you have made on your own, you may wish to renegotiate. For further details please contact the Child Support Agency on **0800 171 2168** (this is the number for the Plymouth local office). Alternatively, go to the CSA information pages on the [GOV.UK](http://GOV.UK) site here: <https://www.gov.uk/arranging-child-maintenance-child-support-agency>

## Credit Unions

Credit Unions encourage members to save regularly, provide loans to members at low rates of interest and can provide members with help and support on managing their financial affairs. Credit Unions welcome everyone within their area regardless of income, employment status or age. To find your local Credit Union, look up Credit Unions in the Yellow Pages or you can find information online at [www.abcul.org](http://www.abcul.org)

## Protecting your pension rights

The Pensions Advisory Service (TPAS)  
Free information and advice about your State Pension or your company, personal, stakeholder or occupational pension.

The Pensions Advisory Service (TPAS)  
[www.pensionsadvisoryservice.org.uk](http://www.pensionsadvisoryservice.org.uk) Online enquiry form

- National helpline: 0345 601 2923
- Helpline for women: 0345 600 0806
- Helpline for self-employed: 0345 602 7021

## Pension Wise

From 6 April 2015, people can decide how to take the money from their pension pots when they retire.

To help people to make informed decisions about this, the Government is providing guidance to all those able to take advantage of these new freedoms. For more information go to the Pensions Wise pages on Gov.Uk at <https://www.pensionwise.gov.uk/>

## How can I find out about my pension?

- [www.gov.uk/browse/working/state-pension](http://www.gov.uk/browse/working/state-pension) provides a range of pension information such as how to obtain pension forecasts or entitlement to pension credit – go online or phone 0800 99 1234.
- [www.pensionprotectionfund.org.uk](http://www.pensionprotectionfund.org.uk) – for information about how pensions may be affected by insolvency. Go online or call 0845 600 2541
- **The Financial Conduct Authority** is a good source of information about pension scams. For advice and information go to their website here <https://www.fca.org.uk/consumers> or phone them on **0800 111 6768** (freephone) or **0300 500 8082**

## Do not take any action without further expert advice.

## Her Majesty's Court Service

Difficulties that you may encounter are court proceedings for non-payment of fines, bailiffs calling to enforce payment, re-possession of property, divorce and family proceedings. If you find yourself with problems in any of these areas, the court may be able to help.

The staff at the court can take you through the court procedures and help if you are having difficulties with forms. They can also arrange for you to attend the court for a pre-hearing visit. The bailiffs can often arrange for county court payments to be made over a period of time and can liaise with the creditor on the defendant's behalf.

Communication with the court is always important. A duty solicitor attends the court on certain dates when it may be possible to obtain free legal advice on re-possession and eviction (depending on your circumstances). The court has a range of leaflets that explain procedures fully.

Find the appropriate court and contact details at <https://courtribunalfinder.service.gov.uk/search/>. [Civil Legal Advice](#) offers free help or legal advice with debt, housing, employment, education and welfare benefit issues. Call 0345 345 4 345. For further information about Her Majesty's Court Service, please visit the website at [About HM Courts & Tribunals Service](#)

## Other Sources of Help / Information

**Turn2us** helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face to face through their partner organisations. Their service is free. Visit their website at [http://www.turn2us.org.uk/about\\_us.aspx](http://www.turn2us.org.uk/about_us.aspx) or call 0800 802 2000 (9am-8pm Monday-Friday). Calls to this number are free from landlines and from most major mobile providers but you may wish to check with your provider before calling.

### Let's Talk

A free online site offering money advice, a benefits calculator and help to access funding from other sources. <https://www.lets-talk.online/>

### Institute of Business Consulting and Chartered Management Institute

The Institute of Business Consulting and Chartered Management Institute currently offer a **Redundancy Support Service** to their members, which includes a free initial diagnostic session with a counsellor / adviser. If you are a member and would like to speak with a counsellor / adviser, contact IBC on **020 7421 2733** or email [membership@managers.org.uk](mailto:membership@managers.org.uk).

Full details of the service can be found by visiting [www.managers.org.uk/redundancy](http://www.managers.org.uk/redundancy).

**Citizens Advice Bureau** also offers advice on a wide range of subjects on their Advice Guide site at <http://www.adviceguide.org.uk/> including helpful fact sheets on topics such as benefits, debt and housing.

**BBC Skillswise** is a free-to-access website for adult numeracy and literacy tutors and students, with printable worksheets and factsheets and online games, videos and quizzes that can be used in class or by students at home. It currently covers Skills for Life, numeracy and literacy. To find out more go to <http://www.bbc.co.uk/skillswise/0/>

**HP Life** is a free on-line resource which provides a wide range of e-learning. Courses are aimed at supporting people looking to start their own business, but could also be relevant to people simply seeking to improve their skills. For more information go to [www.life-global.org/go/dwp](http://www.life-global.org/go/dwp)

**Succeed In The Workplace** is a free Open University course which lasts about 8 weeks, with approximately 3 hours' study time each week. You can work through the course at your own pace, so if you have more time one week there is no problem with pushing on to complete another week's study. You can also take as long as you want to complete it.

Enrolling on the course will give you the opportunity to earn an Open University digital badge. Badges are not accredited by The Open University but they're a great way to demonstrate your interest in the subject and commitment to your career, and to provide evidence of continuing professional development. Log on at

<http://www.open.edu/openlearn/ocw/course/view.php?id=1219#>

The Open University also has a number of other free Skills for Work courses which can be accessed here

<http://www.open.edu/openlearn/skills-for-work>

### The Service & Personnel Veterans Agency

(SPVA) provides advice and help for both service personnel and the veterans' community. They have a telephone helpline and an online interactive self-help page and offer advice on a broad range of issues – including health, caring, families, education, employment, benefits, wellbeing and welfare rights. Contact them on **0800 169 2277** or go online at <http://www.veterans-uk.info/welfaresupportcontact.htm> for more information.

**Pathfinder magazine** is an online magazine aimed at Service Personnel & provides Service Leavers with a wealth of information to help you make informed choices about the civilian career path that is right for you. See their web page here

<http://www.pathfinderinternational.co.uk/>

Help is also available from **SORTED!** which comprises seven well established charities, all of whom provide a wide range of employment related services and support for the Forces community (including spouses/partners and dependents) to find and stay in work. Contact them on 0800 319 6845 or visit their web page at

<https://www.sorted.org.uk/Home.aspx>

### Family Information Service

Devon's family information service provide free and independent information on children's services

- Childminders
- Day nurseries
- Holiday clubs/schemes
- Out of school clubs
- Pre-schools
- Parent and toddler groups

and much, much more

They can be contacted on 0845 155 1013, or online at

[http://www.devon.gov.uk/disc\\_services.htm](http://www.devon.gov.uk/disc_services.htm)

### Children's Centres

Provide a range of services such as childcare, play activity sessions and parenting support. They work closely with health visitors, midwives, and other health professionals who can provide specialist support for families.

Centres also link with Jobcentre Plus to provide advice and information to parents who are considering returning to training or employment.

More information and contact details for centres in Devon is available from Devon County Council or on line at

[http://www.devon.gov.uk/cc\\_contacts-3.pdf](http://www.devon.gov.uk/cc_contacts-3.pdf)

The [Childcare Choices website](#) provides information on the government's childcare schemes and explains how parents can pre-register or apply. It also includes a childcare calculator to show eligible families how much they could receive.

**No Desire To Retire** No Desire To Retire provides support to claimants who are 50+ through the use of a web-based platform that enhances and supports employment opportunities. The service is totally free to use for both employees and employers and can help those looking for work or those trying to increase their hours. To find out more visit their website at <http://www.nodesiretoretire.com/>

### **Support for Jobseekers with disabilities**

Evenbreak is a not-for-profit social enterprise, & was formed to achieve three aims:

- To help inclusive employers attract more talented disabled people;
- To help disabled jobseekers find work with employers who will value their skills;
- To promote the business benefits of employing disabled people.

You can register for jobs on their Jobboard, and access a huge store of resources on subjects from Confidence Building & CV Writing to Skills Audits. There are webinar presentations and links to other useful websites. For more information, go to their website

<http://www.evenbreak.co.uk/home/>

**Jobhelp** Is a new website on GOV.UK for jobseekers providing

- hints and tips on applying for jobs
- advice and support on improving skills
- jobs search help

Go to <https://jobhelp.dwp.gov.uk/> to find out more

**Accenture's Skills to Succeed Academy** is a free online training program. It helps you build the skills and confidence you need to make smart career choices and find and succeed in employment. If you have recently lost your job and are looking to apply for work, or aiming to reskill, you can get started with the Skills to Succeed Academy by going to <https://s2sacademy.com/> and registering using the code ACCESS

**Barclays LifeSkills** Have a wide range of tools, tips and learning resources for young people on their website at <https://barclayslifeskills.com/> to help support development. LifeSkills

**BT** have designed a series of short, interactive webinars on four different topics so you can use your time to make sure that when the chance comes along you'll be ready.

Find out more about the webinars here

<https://www.btplc.com/Careercentre/earlycareers/workready/index.htm>

**Google Digital Garage** Google Digital Garage training is completely free of charge to attend. To access the online learning, you simply need to register at <https://learndigital.withgoogle.com/digitalgarage>.

**Lloyds Bank Academy** Discover new skills and fresh ideas at your own pace. Achieve your personal and professional goals. It's free and open to all. Go to <https://www.lloydsbankacademy.co.uk/#>

**Open Learn** DWP and The Open University have partnered to offer free training tools designed to help people find a job, advance their career or grow a business. There are over 1000 free courses available find out more information on the website here

<https://www.open.edu/openlearn/dwp>

Seeking Work in Exeter & East Devon

**Princes Trust** Coronavirus Support Hub - some of the most useful advice, guidance and resources so you can continue to upskill by developing your confidence and abilities during this challenging time, as well as find the answers to your questions on work and self-employment.

Visit the website <https://www.princes-trust.org.uk/about-the-trust/coronavirus-response/resource-centre>

### **Springboard Digital Hospitality Academy Virtual Academy Service**

Springboard have created an on-line virtual academy to support you updating your skills, for when you finish furlough or, if you don't have a current job, helping you prepare for when the job market becomes more active again. This resource is offered to you free of charge.

If you are interested in developing your Hospitality skills to enable your career, register to join the programme through this link <https://springboard.uk.net/dha/>

**Women into Construction** Can help with personalised advice and guidance on training and opportunities available in construction and related industries, and how we can help you to access them. Go to their website <https://www.women-into-construction.org/women/> to find out more.

## Information for health and well being

We all know about the worry and stress that being made redundant can cause. This can lead to other health issues, with one in four people suffering from stress, depression or anxiety, in their lifetime.

Studies have shown that one in three people with a serious mental health issue are in debt. A person's mental health and wellbeing can be affected by redundancy or any other major disruption that causes them to borrow money or stop paying bills to cope with the demands of their new situation. If you are worried about your own or someone else's emotional and mental well-being, your local NHS has accessible services that you can contact, often without needing a referral from your GP. Go to the NHS IAPT Services website here

[https://www.nhs.uk/service-search/Psychological-therapies-\(IAPT\)/LocationSearch/10008](https://www.nhs.uk/service-search/Psychological-therapies-(IAPT)/LocationSearch/10008)

to find your local service and details of how to contact them.

## Mental health and debt - what can you do?

There is a national campaign to raise awareness and remove the stigma associated with mental health at [www.time-to-change.org.uk](http://www.time-to-change.org.uk)

**The Samaritans** provide completely confidential emotional support, 24 hours a day by phone, face-to-face contact, e-mail and letter and allow callers to talk openly about their worries & concerns without fear of being judged. Contact 08457 90 90 90, email [jo@samaritans.org](mailto:jo@samaritans.org) or go online at [www.samaritans.org](http://www.samaritans.org).

You can also contact Shout, a free 24/7 text service for anyone in crisis anytime, anywhere. To find out more see their website at <https://www.giveusashout.org/>. If you're experiencing a personal crisis, are unable to cope and need support, text Shout to 85258.

## Information for Overseas Workers

If you are a worker from outside the UK, and currently seeking work in the UK, you can find information and advice about Visas and Immigration on Gov.UK at <https://www.gov.uk/browse/visas-immigration>.

Advice about employment rights and health and safety is available from the Health & Safety Executive. Go to their website here <http://www.hse.gov.uk/migrantworkers/>.

Information about a broad range of subjects is also available from The Trades Union Congress (TUC) at <https://www.tuc.org.uk/workingintheuk>, and from the Citizens' Advice Bureau at

<https://www.citizensadvice.org.uk/>

You may find the website [Diversityjobs](http://www.diversityjobs.com/) useful as the content is available in 53 different languages and has a multi language audio facility.

## Translation Sites

There are various web based sites that offer free on line language translation. Two of which are:-

Babelfish <http://www.babelfish.com/> and

Google Translate <http://translate.google.co.uk/>

## Route Planner

If you are unsure if or how you may be able to get to a potential new job, there are several free route planners available on the internet that can help, for example Googlemaps

<https://maps.google.co.uk/maps?output=classic&dg=brw>

AA Route Planner [http://www.theaa.com/route-planner/classic/planner\\_main.jsp](http://www.theaa.com/route-planner/classic/planner_main.jsp);

RAC Route Planner <http://www.rac.co.uk/route-planner/> or for public transport routes, Traveline <http://www.traveline.info/>

Simply type in the address or post code you live at and the one you wish to get to and it will offer details of public transport or car journey route, with plan and timings.

# Seeking Work/Getting a Job

## Jobcentre Plus

Use the free **Find a job** service (available 24 hours a day, 7 days a week). Go to [www.gov.uk/jobsearch](http://www.gov.uk/jobsearch) to:

- search 1000's of job vacancies
- create up to date CV's to give you the best chance of making a good first impression with an employer
- match your CV to the jobs you want and send it direct to the employer

**Remember**, your CV is important as it is often your first opportunity to make a good impression on an employer.

See Twitter feed @khubdwp for information about national employment opportunities and career information. Many Jobcentres have their own Twitter feeds with local information. Ask at your Jobcentre.

The [National Careers Service website](http://www.nationalcareersservice.gov.uk) also has practical advice about Jobseeking – see page 3 of this leaflet for more information about the NCS.

**Always** follow the tips on [safe jobseeking](http://www.gov.uk/guidance/safe-jobseeking) when looking for employment, no matter where or who is advertising the vacancy.

**Impleyable** is a job finder app and web platform that is designed to change how people get employed. Their career app allows users to compare and see how they match with the jobs employers are offering. Go to their website <https://impleyable.me/> for more information

**The Skills to Succeed Academy** has been created specifically to meet the needs of those looking to find and keep a job. It can be used by those of all ages and contains 36 interactive modules to pick and choose from. The free, online training features interactive content which will allow you to practice real-life work scenarios in a safe environment, such as an interview or the first day in a new job.

Getting started is quick and easy.

1. Go to [www.s2sacademy.com](http://www.s2sacademy.com)
2. Register as a learner with your email address and create a password
3. Use the Learner Access code **DW1DC1**

## Response to Redundancy

Help may also be available to assist people affected by redundancy to undertake additional **short duration job focused training**, via the Response to Redundancy Service (RRS) fund.

Eligibility conditions apply, including that funding for the job focused training should not be available from another source, or for free. Check the [Skills Toolkit](http://www.gov.uk/guidance/skills-toolkit) first. If you have recently been made redundant and registered for Jobseekers Allowance or Universal Credit ask your Work Coach, or contact the RRS team [rrs.devonandcornwall@dwp.gov.uk](mailto:rrs.devonandcornwall@dwp.gov.uk), as we may be able to help you access work focussed training.

## Work Clubs

Work Clubs provide people with a place to meet to share experiences, find opportunities, make contacts and get support to help them in their return to work. Jobcentre Plus

Work Coaches will signpost customers to local Work Clubs where they are available.

## Volunteering

Volunteering can be an excellent way to keep your job skills up to date or even to try a different type of job to see if it would suit you whilst unemployed, as well as helping others in your local area.

If you are in receipt of benefits it is important that you tell Jobcentre Plus about any volunteering activity that you plan to do. If you do not receive payment or reward other than payment of expenses incurred, it may well not affect your benefit.

For more information about volunteering in your area log on to [www.do-it.org](http://www.do-it.org) for details of your local Volunteer Centre, or at [www.volunteerdevon.net](http://www.volunteerdevon.net). You can also look under Voluntary Organisations in Yellow Pages.

## Online Recruitment & Applications

Many employers now advertise their vacancies and seek applications online. They often email to tell you whether or not you have been successful. In many cases this is now the only way employers fill their jobs – and the number is increasing rapidly.

To make sure you keep up with the latest vacancies, you will need to:

- find ways of having access to the internet
- have your own e-mail address, and
- know how to find vacancies and fill in applications online.

If there are particular employers that you would like to work for it is well worth looking at their web site to see if they recruit online. They may well have a “Vacancies” heading on their web page where they will show any current vacancies. If there are none, they may have a section where you can complete an on line application or send your CV for possible future consideration.

If this is the case it is always worth applying via this route, as it shows that you have searched out information about the employer and are complying with their preferred method of recruitment. It is also possible that the employer will look at CVs or applications logged on their site before advertising any vacancies, so you may improve your chances of being considered by them.

Before you fill in any application or post your CV on line, it is well worth spending some time looking at the employer's web page, as it may well contain information that will give you useful pointers to include in your application, or help you answer questions such as “Why would you like to work for this company?”

Companies who either advertise their jobs on their web site or who let you post your CV on their site may well use an electronic sift to shortlist applicants, so the use of key words in your CV could be crucial in getting past the CV sift. If the firm is advertising look for the key phrases or words in their job or people description and try and include in your CV posted for that job.

## Dangers of Social Networking and job search

Be aware of the implications potential employers may draw from unusual or cheeky email addresses. Also if you

have a Facebook or similar account, it is now not uncommon for prospective employers to look at job applicants sites to gain an insight, if your privacy settings allow. It's worth checking both content and/or your privacy settings to limit who can access or see tagged posts, as people have been rejected by employers because of unconsidered content.

**Internet Safety** - Be aware that criminals access CV sites too. **Never** divulge private information data (eg your date of birth, bank account details etc) in response to an email, text, letter or phone call unless you are certain that the request is from a genuine source.

**SAFERjobs** is a voluntary, non-profit organisation which works in partnership with the Metropolitan Police, National Crime Agency, Department for Business, Innovation and Skills (BIS), to raise awareness and combat criminal activities that may be attempted on those seeking a job, or through the services provided by the recruitment industry. Visit them at <http://www.safer-jobs.com/> for free advice about safe jobsearch methods.

Free information and expert advice about staying safe on the internet can also be found at **Get Safe Online**, here <http://www.getsafeonline.org/protecting-your-computer/safe-internet-use>

## Finding internet access if you don't have access to the internet at home:

UK online centres based in your community. They could be in an internet café on the high street, in a public library, a college, in a community centre or a village hall. Some are even mobile. To find your nearest UK online centre go to <https://www.onlinecentresnetwork.org/> You can also email at [hello@goodthingsfoundation.org](mailto:hello@goodthingsfoundation.org) or phone on 0114 349 1666 (this will incur normal call charges).

Alternatively, you can search for your local centre at <https://www.gov.uk/ukonline-centre-internet-access-computer-training>.

- You may have friends or relatives who would let you use their computer to go online.
- Jobcentres also have online devices and free Wi-Fi available so you are able to use to search for and apply for jobs online

**Getting an e-mail address** To set up a personal e-mail address, try the search engines (for example Google or Yahoo) as many offer a free e-mail account. Or, put 'free e-mail address' into a search engine and look through the results. Follow the instructions to set up a free e-mail address. Remember that your email may be the first impression a new employer gets of you, so be sure to choose something business-like.

## Need to gain or improve your IT skills

There are many places where you can get free help with IT skills which include:

- UK online centres
- Local Colleges

Find your local online centre here

<http://www.ukonlinecentres.com/centresearch/> A list of South West Colleges can be found here

<http://findfe.com/searches.php?country=12>

## Need to get a computer?

One suggestion is to try [www.getonlineathome.org](http://www.getonlineathome.org) here computers are on offer from £99 for people on certain benefits.

**GCFLearnfree** is an organisation providing free online training on Microsoft programmes like Excel and Windows if you need to gain or improve IT skills. Visit their website at <https://www.gcflearnfree.org/> to see what is available

**Vision2 Learn** offers a range of qualifications online. Each course is nationally accredited and delivered in partnership with a further education college in England. They are all funded by the Skills Funding Agency, so if you are eligible you can study for free. They offer Level 1 & 2 courses in Essential IT Skills, Business and Administration and a range of health care related courses, like Nutrition and Health and Dementia Care. Visit their website here <https://www.vision2learn.net/courses> to see what is available and to learn more.

## Recruitment/Employment Agencies

A major source of both permanent and temporary jobs as well as increasingly help and information about job search. Details of local employment Agencies can be found in yellow pages. We have included the names and web site addresses of some national and local recruitment websites and agencies that operate in Devon over the next few pages, with some brief information on what various sites contain.

Jobcentre Plus is not responsible for the contents or reliability of linked websites. Listings should not be taken as an endorsement of any kind. Information contained is correct at the time of publishing.

If you are looking for recruitment agencies in your area that deal with a specific type of jobs, search using the job title and location via a search engine such as Google, so in Devon if you were looking for driving jobs, search for "Driving jobs in Devon." However if you then search for "Driving jobs in Devon via recruitment agencies", a totally different set of web sites appear, so try several variations to maximise your chances of finding the job you want.

Recruitment and Employment Confederation

[www.rec.uk.com](http://www.rec.uk.com) – not a jobs site but Information and Advice for people considering working via a recruitment agency. Advice on interviews, application forms, CVs and covering letters. Also includes information on protecting your electronic CV from identity fraud.

# Recruitment Websites

**[Indeed](#)** A multiple job search site rather than a agency site, searches a range of jobsites for specified type of job/location

**[Adecco](#)** - large UK and international agency, site. It includes basic advice on CVs, interviews including questions you might like to ask.

**[Agency Central](#)** Directory of thousands of recruitment agencies and jobsites. Career and interview advice and can search for jobs by town

**[Brook Street](#)** information about the agency, clear CV and interview advice, register for employment online, links to local networks.

**[City Jobs.com](#)** UK and international jobs, with privacy policy, personal search agents - for banking, finance, accountancy and legal jobs.

**[CWJobs.co.uk](#)** is the leading specialist IT recruitment website enabling permanent and contract IT jobseekers to search and apply for jobs across all skills and industry sectors throughout the UK and Ireland.

**[Dayjob.com](#)** Job site with various CV template samples to download for different types of jobs. Also tips on how to write CVs and covering letters, design their layout and format

**[Director-e](#)** is a new senior, executive and professional candidate recruitment and placement website with powerful Social Media Marketing, They want to make a real difference to how senior, executive and professional candidates are found, perceived, selected and placed. The services to the individual are free at all stages.

**[Exec-appointments](#)** An advertiser of executive jobs over £50,000. It advertises permanent, interim and contract, jobs including director and management appointments, non-executive director and comparable senior voluntary positions. It has an email alert service.

**[Find a job](#)** Search and apply for full or part-time jobs in Great Britain. It is available to anyone looking for work or seeking a career change, 24 hours a day, 7 days a week.

**[fish4Jobs](#)** Thousands of UK jobs from local newspapers. It includes specialist channels for secretarial, office and support, sales, marketing, IT, engineering, construction, accounting, banking and finance. Have an advice and help section

**[Guardian Unlimited Jobs](#)** - jobs from the Guardian and Observer, also links to agencies and recruitment consultancies in different sectors.

**[Gis-Jobs.co.uk](#)** - links to agencies, jobs by email.

**[Gumtree](#)** - A multiple job search website, allows you to search for jobs across the country. Also allows users to create a profile and upload CV's.

**[Hays](#)** Browse a range of permanent or temporary roles including jobs in IT, Finance, Construction, HR & Marketing.

**[IC-Resources](#)** - providing graduate and management engineers and staff specifically to the microelectronics and semiconductor industry.

**[jobsite](#)** - range of vacancies, allows you to search by occupation, location or sector. Job search information and advice and an interactive interview facility

**[jobs go public](#)** - public sector jobs and careers, in a wide range of sectors.

**[JobServe](#)** - large number of IT jobs, also accountancy, engineering, sales, finance, secretarial, legal and medical jobs.

**[Manpower](#)** - wide range of vacancies at all levels, including graduate opportunities, also a monthly digest of worldwide employment news.

**[Matchtech](#)** - UK engineering and IT consultancy

**[Monster.co.uk](#)** - jobsearch, CVs, employers' profiles. Has a "batch apply" facility which allows you to send a CV to a range of jobs selected. Job search advice and salary calculator giving a range of pay for jobs in specific locations and company profiles

**[NHS Jobs](#)** Jobs from NHS employers across the country. You can register for email alerts for newly notified jobs, apply on line, save applications and track application progress

**[NHS Professionals](#)** Supply Bank staff across a range of occupations for over 80 NHS Trusts across England

**[Opus ABC](#)** Educational recruitment agency for any educational jobs including school administration

**[Proud to Care:](#)** Recruitment site for Care jobs in Devon. Provides information about vacancies, training and discusses in depth what it's like to work in the Care Sector and the range of careers available.

**[Reed Online](#)** - range of vacancies, but also huge range of jobsearch resources, including CV and interview advice, employment and career research and reviews, salary calculator, information on working in the UK, some employer (client) profiles, also links to specialist Reed sites also, includes temporary work.

**[www.restless.co.uk](#)** Rest Less is a jobsite specifically for people 50+. They also have information around retirement planning, redundancy, voluntary work, various training courses as well as advice/useful tips about CV's, transferable skills, changing mind-sets and much more.

**[Search Consultancy](#)** - based in Scotland but covering UK vacancies across all sectors.

**[StepStone](#)** - UK and European jobs. It includes tips and articles, useful advice for applying to posts in some European countries. It gives advice on international CVs, job agent to search for jobs, information for employers on working hours directive.

**[tempjobsobs.com](#)** - UK vacancies and transport links (from Reed)

**[thisisthewestcountry.co.uk/jobs/](#)** - A site offering job vacancies and opportunities from Cornwall, Devon and Somerset.

[Totaljobs.com](http://www.totaljobs.com) - A- Z of agencies, wide range of sectors, including not for profit organizations. It also has company director search, analysis of UK market sectors, salary check, career health check and graduate career match, legal rights at work, women returners section, issues at work, graduate advice and temporary jobs, working abroad advice

[Vercida](http://www.vercida.com) – a jobsite which allows you to search in a variety of languages and aims to be inclusive in the jobs it promotes

## Hinkley Point C New Nuclear Build

HPC will be one of the largest construction projects anywhere in the UK in recent years creating significant employment opportunities across the South West. There will be a wide variety of employment opportunities available, not just construction. Some of these will be based at Hinkley Point C but others will be located around the local area.

To work at Hinkley Point C and its associated developments individuals will be required to register with the EDF Employment Brokerage. Go to <https://www.edfenergy.com/energy/nuclear-new-build-projects/hinkley-point-c/jobs-and-training#jobservice>. Alternatively you can ring **0800 029 4289** to register your interest or email [Hinkley-jobs@edf-energy.com](mailto:Hinkley-jobs@edf-energy.com). These jobs will not be advertised on any other recruitment website.

## Graduates

The following sites have specific info / jobs aimed at graduates:-

- **Total Jobs** [www.totaljobs.com](http://www.totaljobs.com) \_Contains a graduate career match, graduate advice and temporary jobs, working abroad advice
- **Graduate jobs** [www.graduate-jobs.com](http://www.graduate-jobs.com) Site where UK employers and recruitment agencies can post jobs and graduate schemes.
- **Prospects** [www.prospects.ac.uk](http://www.prospects.ac.uk) Graduate Careers Website - to find graduate jobs, postgraduate courses, work experience, careers and job search advice
- **Gradsouthwest** <https://www.gradsouthwest.com/> is a website advertising graduate jobs in the South west and beyond. You can upload your CV to the site and search either by job type or location

## Other useful sites

### University of Kent

[www.kent.ac.uk/careers/cv/cvexamples.htm](http://www.kent.ac.uk/careers/cv/cvexamples.htm)

Comprehensive information and advice on Job Hunting, CV's, (including range of example CVs and CV quiz), covering letters, interviews, aptitude and psychometric tests

**Job Interview Tips & Advice** The Jobsite recruitment agency site has a section which gives lots of advice about preparing for interviews. Visit the site here <https://www.jobsite.co.uk/worklife/category/job-interviews/>

### Job search Advice

[http://jobsearch.about.com/od/findajob/Job\\_Search\\_Advice.htm](http://jobsearch.about.com/od/findajob/Job_Search_Advice.htm) Job search advice site giving large range of information on job searching topics, often supported by a video presentation

### Help for ex-offenders

Information for ex-offenders on what you have to disclose and when is available on the GOV.UK website here <https://www.gov.uk/exoffenders-and-employment>.

Other sites such as **UNLOCK & NACRO** offer support to ex-offenders by offering practical advice, support, information, knowledge and skills. Click on the links below to visit their websites:

**UNLOCK** - <http://www.unlock.org.uk/>

**NACRO**: <https://www.nacro.org.uk/resettlement-advice-service/support-for-individuals/>

**Go Construct** <https://www.goconstruct.org/>

Considering a career in construction or already in construction-based work? Explore Go Construct to find out what a career in construction can offer, whether you're starting out or considering a career change. Use the Career Explorer to discover the right career for you, based on your talents, skills, and interests.

**My Way In** Finding the right job is a different experience for everyone. **My Way In** can help you. Go to their website, where you can watch and read materials to help with your job search <https://mywayin.campaign.gov.uk/>

# Recruitment Agencies operating in Devon

Below are the names and web site addresses of some of those who operate in Devon. They handle a range of skilled and semi-skilled vacancies.

**Disclaimer** - These are a small selection of the websites available. Jobcentre Plus is not responsible for the contents or reliability of linked websites. Listings should not be taken as an endorsement of any kind. Information contained is correct at the time of publishing.

Agency	Address	Web address / Telephone	Occupations covered
<b>Aardvark Consulting</b>	3rd Floor, 6 – 8 Drake Circus, Plymouth, PL4 8AQ	<a href="http://www.aardvarkconsulting.co.uk/about_us.php">http://www.aardvarkconsulting.co.uk/about_us.php</a> 08450 580500	International IT Contracts
<b>Abacus Recruitment</b>	12 Fore St, Tiverton, EX16 6LH	<a href="https://www.abacusemployment.com/">https://www.abacusemployment.com/</a> 01884 252002	Various, inc commercial, engineering and industrial
<b>Acorn</b>	5a Bampton Street, Tiverton, Devon, EX16 6AA 2 Boutport Street, Barnstaple, Devon, EX31 1RH Ground Floor, 110 Queen St, Newton Abbot TQ12 2EU 1 Southernhay West, Exeter, Devon, EX1 1JG	<a href="http://www.acornpeople.com">www.acornpeople.com</a> 01884 242 255 01271 343 222 01626 335575 01392 421 100	General
<b>Adecco</b>	79-82 Queen Street, Exeter, EX4 3RW	<a href="http://www.adeco.co.uk">www.adeco.co.uk</a> 01392 260630	General
<b>Advanced Technical Recruitment</b>	45A Union St, Torquay TQ1 1ET	<a href="http://at-recruitment.co.uk">at-recruitment.co.uk</a> 01803 290333	Engineering & Technical
<b>Affinity Search</b>	Suite 7 Hampton House, 23 Longbrook Street, Exeter, EX4 6AD	<a href="http://www.affinitysearch.co.uk">www.affinitysearch.co.uk</a> 01392 255700	General
<b>Allied Healthcare</b>	Metropolitan House, 37 Craigie Drive, Plymouth, PL1 3JB Providence Court, Pynes Hill, Exeter EX2 5JL	<a href="http://www.alliedhealthcare.com">www.alliedhealthcare.com</a> 01752 604555 01392 360002	Healthcare
<b>Alternative Recruitment</b>	4 Chapel St, Holsworthy, Devon EX22 6AR 103 Northfield Rd, Okehampton, Devon, EX20 1BA	<a href="http://www.alternativerecruitment.com">www.alternativerecruitment.com</a> 01409 255647 01837 659511	General
<b>Apple Appointments SW</b>	39 Marsh Green Road, Exeter, EX2 8PN	<a href="http://www.appleappointments.com">www.appleappointments.com</a> 01392 667120	Catering and Hospitality
<b>Astra Recruitment</b>	4/5 Marine Building, Queen Anne Place, Plymouth, PL4 0FB	<a href="http://www.astrarecruitment.co.uk/">http://www.astrarecruitment.co.uk/</a> 01752 692500	General

<b>Ark Nursing &amp; Care Agency</b>	140 Bayview Road, Northam, Bideford, Devon, EX39 1BJ	<a href="http://www.arknursing.co.uk">www.arknursing.co.uk</a> 01237 420777	Nursing and care Must have driving licence
<b>Backline Logistics</b>	Meridian House, Retail Park Close, Marsh Barton, Exeter, EX2 8LG Unit 1 Alder Court, Bell Close, Plympton, Plymouth, PL7 4JH	<a href="http://www.backlinelogistics.co.uk">www.backlinelogistics.co.uk</a> 01392 217277 01752 336667 or 01752 348835	Driving, Industrial and Construction
<b>Best Connection Employment Group</b>	•Ground Floor, Berkeley House, Dix's Field, Exeter, EX1 1PZ •Hatton House, 144 Union Street, Plymouth, PL1 3HL	<a href="https://thebestconnection.co.uk/">https://thebestconnection.co.uk/</a> 01392 435468 01752 672222	Manufacturing, hospitality, general
<b>Big Ant Group</b>	218 Torquay Road, Manor Corner, Paignton, TQ3 2HN	01803 520850 <a href="https://bigantgroup.co.uk/">https://bigantgroup.co.uk/</a>	Big Ant Group
<b>Blue Arrow</b>	Ground Floor, 11-15 Dix's Field, Southernhay, Exeter, EX1 1QA	<a href="http://www.bluearrow.co.uk">www.bluearrow.co.uk</a> 01392 424733	Driving, Industrial, Catering and Office
<b>Bluebird Care</b>	Solaris House, Dunmere Road, Torquay England	E: torbay@bluebirdcare.co.uk T: 01803 215999 W: <a href="https://www.bluebirdcare.co.uk/">https://www.bluebirdcare.co.uk/</a>	Health Care
<b>Brigade Recruitment</b>	Brookfield House, Tedburn Road, Whitestone, Exeter EX4 2HH	<a href="http://www.brigaderecruitment.com">www.brigaderecruitment.com</a> 01392 811730	Catering
<b>Brite Recruitment</b>	South Devon House, Station Road, Newton Abbot, TQ12 2BP	<a href="http://www.briteservices.co.uk">www.briteservices.co.uk</a> 01626 280007	Various
<b>Cathedral Appointments</b>	33-35 Southernhay East, Exeter, EX1 1NX	<a href="http://www.cathedralappointments.co.uk">www.cathedralappointments.co.uk</a> 01392 413577	Professional Services
<b>Chef Results</b>	The Globe Business Centre, Penistone Rd, Sheffield, South Yorkshire, S6 3AE	<a href="http://www.chefresults.co.uk">www.chefresults.co.uk</a> 0114 2795033	Chefs/cooks
<b>ChefShare Recruitment</b>	5 Palk St, Torquay TQ2 5EL	T: 01803 659529 W: <a href="https://www.chef-recruitment.net/">https://www.chef-recruitment.net/</a>	Chefs
<b>Concorde</b>	Chiltern House, City Rd, Truro, TR1 2JL	<a href="http://www.concorderecruitment.co.uk">www.concorderecruitment.co.uk</a> 01392 213333	Various, inc education
<b>Contempo Recruitment</b>	First Floor 45/45a Union Street Torquay, TQ1 1ET	E: info@contemporecruitment.co.uk T: 01803 611973 W: www.contemporecruitment.co.uk	Various
<b>Cordant People</b>	4 Cross Street, Barnstaple, Devon, EX31 1BA 3 Allhalland Street, Bideford, EX39 2BU 1st Floor, 19 Southernhay West,	01271 859135 01237 420600 01392 487054	Various, inc commercial, engineering and industrial

	<b>Exeter, EX1 1PJ</b>		
<b>CQR</b>	<b>No 1 Bridge Chambers, Barnstaple, EX31 1HB</b>	<a href="http://www.clearqualityrecruitment.co.uk">www.clearqualityrecruitment.co.uk</a> 07875 341436	Manufacturing and engineering
CV Screen Ltd	Unit A12, Bell Lane Office Village, Amersham, HP6 6GL	<a href="http://www.cvscreen.co.uk">www.cvscreen.co.uk</a> 0345 200 8170	Information Technology, Didgital & Marketing, Accountancy & Finance.
<b>Draglink Ltd</b>	<b>The Old Tote Building, Exeter Racecourse, Kennford, EX6 7XS</b>	<a href="http://www.draglinkdrivers.co.uk">www.draglinkdrivers.co.uk</a> 01392 832 247	Driving
<b>Driver Hire</b>	<b>First Floor Graphic House, Alphinbrook Road, Marsh Barton, Exeter, EX2 8RG Unit 19, Dart Mills Old Totnes Road BuckfastleighTQ11 0NF</b>	<a href="http://www.driverhire.co.uk">www.driverhire.co.uk</a> 01392 271 311  01364 644149	Driving
<b>Drivers</b>	<b>3A St James Road, Exeter EX4 6PU</b>	<a href="http://www.facebook.com/driversagency">www.facebook.com/driversagency</a> 01392 215205	Driving
<b>Education Recruitment Ltd</b>	<b>Goodison House, 57 Wolborough Street, Newton Abbot TQ12 1JQ</b>	E: admin@educatedrecruitment.co.uk T: 01626 201481 <a href="https://www.educatedrecruitment.co.uk/">https://www.educatedrecruitment.co.uk/</a>	Education
<b>Education &amp; Training Skills</b>	<b>ETS House, Emperor Way, Exeter Business Park, Exeter EX1 3QS.</b>	<a href="http://www.etsgroup.co.uk/vacancies">http://www.etsgroup.co.uk/vacancies</a> 01392 445 444	Apprenticeships
<b>Emmerson Ross Recruitment</b>	<b>Offices 11 &amp; 12, South West Energy Centre, Long Road Paignton, TQ4 7BL</b>	E: jobs@erjobs.co.uk T: 01803 540833 W: www.erjobs.co.uk	Accountancy, Marketing, Sales, HR and other office roles
<b>Gap Personnel</b>	<b>Zenith House, Magdalen Road, Exeter, EX2 4TE</b>	<a href="http://www.gap-personnel.com">www.gap-personnel.com</a> 01329 273665	Transport, warehouse and industrial
<b>Harbron Recruitment</b>	<b>Proform House, Quay Road, Brunel Industrial Estate, Newton Abbot, TQ12 2BU</b>	<a href="http://www.harbronrecruit.co.uk">www.harbronrecruit.co.uk</a> 01626 333105	Construction
<b>Hays</b>	<b>1st Floor, 11-15 Dix's Field, Exeter, EX1 1QA</b>	<a href="http://www.hays.co.uk">www.hays.co.uk</a> 01392 348 871	Accountancy, Finance, Education General Office
<b>Hunters Personnel</b>	<b>8 The Crescent, Plymouth, PL1 3AB</b>	<a href="http://www.huntersrecruit.co.uk">www.huntersrecruit.co.uk</a> 01752 222280	General
<b>Huntress Search Ltd</b>		<a href="http://www.huntressgroup.com">www.huntressgroup.com</a> 01392 221300	General
<b>Interaction Recruitment</b>	<b>First Floor, Office Block B, Waterbeer Street, Guildhall Shopping Centre, Exeter, EX4 3HW</b>	<a href="http://www.irweb.co.uk">www.irweb.co.uk</a> 01392 427666  01392 424631	Commercial and Industrial  Construction

<b>Job Shop Recruitment Services</b>	76 Queen Street, Newton Abbot, TQ12 2ER 1 Church Street, Paignton, TQ3 3AF	<a href="http://www.job-shopdevon.co.uk">www.job-shopdevon.co.uk</a> 01626 333282 <a href="http://www.jobshopdevon.co.uk">www.jobshopdevon.co.uk</a> 01803 520900	General
<b>Jones Recruitment</b>	84 Hyde Park Road, Mutley, Plymouth, PL3 4RQ	<a href="http://www.jonesrecruitment.co.uk">www.jonesrecruitment.co.uk</a> 01752 268222	General
<b>Kream Motor Recruitment</b>	Unit 1B, Dulford Business Park, Dulford, Cullompton, EX15 2DY	<a href="http://www.kream.net">www.kream.net</a> 01884 260020 07515 367269 07850 593540	Motor trade
<b>Lloyd Barnes</b>	1 Providence Court, Pynes Hill, Exeter, EX2 5JL	<a href="http://www.lloyd-barnes.co.uk">www.lloyd-barnes.co.uk</a> 01392 890050	Accountancy and finance
<b>Manpower</b>	Phase 4, Suite 2, Plymouth Science Park, 1 Davy Road, Derriford, Plymouth, PL6 8BX	<a href="https://www.manpower.co.uk/jobs/">https://www.manpower.co.uk/jobs/</a> 01752 669644	General
<b>Manpower</b>	Unit 2, Capital Court, Bittern Road, Sowton, Exeter. EX2 7FW	<a href="http://www.manpower.co.uk">www.manpower.co.uk</a> 01392 219777	General
<b>McGinley</b>	Quality Control Team, Office 32, Genesis Building, 235 Union Street, Plymouth, PL1 3HN	<a href="http://www.mcginley.co.uk">www.mcginley.co.uk</a> 01752 424760	Rail; telecoms; energy; roads; airports
<b>Medi-Cruit Ltd</b>	Pacific House, Stanier Way, Derby, DE21 6BF	<a href="http://www.medi-cruit.co.uk">www.medi-cruit.co.uk</a> 01332 609318	Dental Professionals
<b>Mego</b>	Discovery House, Steamer Quay Road, Totnes, TQ9 5AL	<a href="http://www.mego.org.uk/job-seekers">http://www.mego.org.uk/job-seekers</a> 0844 801 6666	General
<b>Meridian Business Support</b>	31-32 Southernhay East, Exeter, EX1 1NS	<a href="http://www.meridianbs.co.uk">www.meridianbs.co.uk</a> 01392 423301	General
<b>MillsHill Recruitment</b>	Innovation Centre, Lymington Rd, Torquay TQ1 4BD	E:enquire@millshill.co.uk T: 01803 321233 <a href="http://www.millshill.co.uk/">http://www.millshill.co.uk/</a>	IT, cloud and big data technologies
<b>Morson Group</b>	Building N205, Devonport Royal Dockyard Plymouth PL1 4SG The Exchange Express Park Bridgwater TA6 4RR	<a href="http://www.morson.com">www.morson.com</a> 01752 324498 0161 707 1516	Engineering and Technical, Aviation,
<b>Newcross Healthcare</b>	6 Sandpiper Court, Harrington Lane, Pinhoe, Exeter. EX4 8NS	<a href="http://www.newcrosshealthcare.com">www.newcrosshealthcare.com</a> 01392 459982	Nursing & care
<b>Nurseplus</b>	24-26 Union Street Newton Abbot TQ12 2JS	T: 01626 337352 E: newtonabbot@nurseplusuk.com W: <a href="https://www.nurseplusuk.com/">https://www.nurseplusuk.com/</a>	Health Care
<b>Ocean Healthcare</b>	252 Torquay Road, Preston, Paignton, TQ3 2EZ	E: office@oceanhealthcare.co.uk T : 01803 220555 <a href="https://www.oceanhealthcare.co.uk">https://www.oceanhealthcare.co.uk</a>	Health Care
<b>Office Angels</b>	1 <sup>st</sup> Floor, 20 Cathedral Yard, Exeter. EX1 1HB	<a href="http://www.office-angels.com">www.office-angels.com</a> 01392 426200	Office Work

<b>Paramount Personnel Ltd</b>	28 High St, Cullompton. EX15 1AA	<a href="http://www.paramountpersonnel.com">www.paramountpersonnel.com</a> 0345 241 1000 01392 469 444	Catering, Construction and Industrial
<b>Penrose Personnel</b>	Elkstone Barn, Combe Raleigh, Honiton, EX14 4UJ	<a href="http://www.penrosepersonnel.co.uk">www.penrosepersonnel.co.uk</a> 01404 891600	General
<b>Perfect Placement</b>	Avocet Court, 8 Central Avenue, St Andrews Business Park, Norwich. NR7 0HR	<a href="http://www.perfectplacement.co.uk">www.perfectplacement.co.uk</a> 08450 212123 01603 701077	Motor Industry
<b>Personnel Solutions</b>	North End, Brampford Speke, Exeter EX5 5HL	<a href="http://www.personnelsolutions.co.uk">www.personnelsolutions.co.uk</a> 01392 840071	Catering and Hospitality
<b>Prestige Nursing</b>	308 Topsham Road, Exeter, EX2 6HG 54a Morshead Road Crownhill, Plymouth PL6 5AQ	<a href="http://www.prestigenursing.co.uk">www.prestigenursing.co.uk</a> 01392 435142  01752 213213	Nursing and Care
<b>Pro Education</b>	11 Market Street, Newton Abbot, TQ12 2RJ	T: 01626 368447 / 01803 201555 W: <a href="http://www.pro-education.co.uk">www.pro-education.co.uk</a>	Supply Teachers / CA's
<b>Pulse</b>	Caledonia House, 223 Pentonville Road, London, N1 9NG	<a href="https://www.pulsejobs.com/jobs/">https://www.pulsejobs.com/jobs/</a> 0333 5773410	Nursing and Care
<b>Purple Balm</b>	Unit 2 Sandpiper Court, Harrington Lane, Exeter, EX4 8NS Sheila Robb House, Oak Place, Newton Abbot, TQ12 2EX	01392 363221  <a href="http://www.purplebalm.co.uk">www.purplebalm.co.uk</a>  Use Exeter number	Nursing & Care
<b>Quartz Recruitment</b>	1 Bridge Chambers, Bridge, Barnstaple, EX31 1HB	<a href="http://www.quartzrecruitment.co.uk">www.quartzrecruitment.co.uk</a> 01271 523354 07801 736709	General no industrial or driving
<b>Randstad Education</b>	4 <sup>th</sup> Floor, Salt Quay House, Sutton Harbour, Plymouth, PL4 0HP	<a href="http://www.randstad.co.uk">www.randstad.co.uk</a> 01752 269780	Education
<b>Randstad Care</b>	4 <sup>th</sup> Floor, Salt Quay House, Sutton Harbour, Plymouth, PL4 0HP	<a href="mailto:exeter@randstad.co.uk">exeter@randstad.co.uk</a> 01392 358722	Care
<b>Recruitment Solutions</b>	6 Charlotte Mews, Pavillion Place, Exeter, EX2 4HA	<a href="http://www.rsuk.biz">www.rsuk.biz</a> 01392 662010	Logistics, Office
<b>Reed</b>	50 – 52 High Street, Exeter, EX4 3DJ Suite 4e, Princess Court, Princess Street, Plymouth, PL1 2EX	<a href="http://www.reed.co.uk">www.reed.co.uk</a> 01392 439 657 01752 230 010	General inc care
<b>RFEA</b>		<a href="http://www.rfea.org.uk">www.rfea.org.uk</a> 0121 262 3058 <a href="mailto:info@rfea.org.uk">info@rfea.org.uk</a>	Assist Ex-Regular Service Personnel

<b>Sapphire Recruitment</b>	3 Philip House, Honiton Road, Exeter, EX1 3RU 10 Fore St, Tiverton EX16 6LH	<a href="http://www.sapphirerecruitment.co.uk">www.sapphirerecruitment.co.uk</a> 01392 368 988 01884 255 664	General
<b>Sarah West Recruitment</b>	Cartwheel, Darts Farm, Topsham, EX3 0QH	<a href="http://www.sarahwestrecruit.co.uk">www.sarahwestrecruit.co.uk</a> 01392 873813	General
<b>Step Teachers</b>	1 Tamar Science Park, Davy Road, Derriford, Plymouth, PL6 8BX	<a href="http://www.stepteachers.co.uk">www.stepteachers.co.uk</a> 01752 764227	Education
<b>Talascend</b>	Third floor, Great West House (GW2), Great West Road, Brentford, London, TW8 9DF	<a href="http://www.talascend.com">www.talascend.com</a> 020 8600 1600	Specialists in Rail; Telecoms; Engineering; IT & Construction
<b>The Best Connection</b>	Ground Floor, Berkeley House, Dix's Field, Exeter, EX1 1PZ	<a href="http://www.thebestconnection.co.uk">www.thebestconnection.co.uk</a> 01392 435468	Industrial, driving and warehouse
<b>T.O.R.S</b>	6 Parade, Exmouth, EX8 1RL	<a href="http://www.tors.uk.com">www.tors.uk.com</a> 01395 272712	Legal Specialists
<b>WA Consultants</b>	Emblem House, Pynes Hill, Exeter EX2 5BA	<a href="http://www.waconsultants.com">www.waconsultants.com</a> 01392 666060	IT and Tech inc. international
<b>Web Recruit Ltd</b>		<a href="http://www.webrecruit.co.uk">www.webrecruit.co.uk</a> 01392 829400	General
<b>West Country Personnel &amp; West Country Recruitment Ltd</b>	15 Devon Square, Newton Abbot TQ12 2HN	<a href="mailto:hello@westcountrypersonnel.co.uk">hello@westcountrypersonnel.co.uk</a> 01626 362172	Trade & Labour; Rail; Professional & Technical; Mid to senior level Appointments across South West; Commercial, Industrial and Accounts/Finance
<b>Wise Employment</b>	1 <sup>st</sup> Floor, 176 Fore Street, Exeter, EX4 3AX	<a href="http://www.wiseemployment.co.uk">www.wiseemployment.co.uk</a> 01392 341160 01271 377788	Various

## Construction Agencies in the South West

Name	Address	Phone	Internet
<b>Argent Recruitment</b>	P.O Box 150, Highbridge, Burnham-On-Sea, Somerset, TA8 9BB	01278 782662	<a href="http://www.argentrecruitment.co.uk">www.argentrecruitment.co.uk</a>
<b>Backline Logistic Support Services,</b>	Meridian House, Retail Park Close, Marsh Barton, Exeter. EX2 8LG	01392 217277	<a href="http://www.backlinelogistics.co.uk">www.backlinelogistics.co.uk</a>
<b>Brook Street Bureau,</b>	38, High Street, Bristol, BS1 2AW	0117 9486313	<a href="http://www.brookstreet.co.uk">www.brookstreet.co.uk</a>
<b>C E R Recruitment,</b>	Suite 1, 12 Pool Hill, Bournemouth, BH2 5PS	01202 296932	<a href="http://www.cer.uk.com">www.cer.uk.com</a>
<b>Coyle Personnel,</b>	Ground Floor, 118-128 London Street, Reading, RG1 4SJ	0118 955 0600	<a href="http://www.coyles.co.uk">www.coyles.co.uk</a>
<b>Daniel Owen</b>	Suite 3, Exchange House, 12-14 The Crescent, Taunton. TA1 4EB	01823 448940	<a href="http://www.danielowen.co.uk">www.danielowen.co.uk</a>
<b>Harbron Recruitment</b>	Quay Road, Newton Abbot, Devon, TQ12 2BU	01626 333105	<a href="http://www.harbronrecruit.co.uk">http://www.harbronrecruit.co.uk</a>
<b>Hays Construction,</b>	1 <sup>st</sup> Floor, 11-15 Dixs Field, Exeter. EX1 1QA	01392 348875	<a href="http://www.hays.co.uk">www.hays.co.uk</a>
<b>ITS Construction Personnel</b>	Suite 5, Kerns House, Threemilestone, Truro, TR4 9LD 141 The Ridgeway, Plympton, Plymouth, PL7 2HJ	01872 224025  01752 345434	<a href="http://www.itsconstruction.co.uk">www.itsconstruction.co.uk</a>
<b>ITS Construction Personnel,</b>	Suite 4 Philip House, Honiton Road, Exeter, EX1 3RU 36 Whiteladies Road Clifton, Bristol, BS6 2LG	01392 446287  0117 9738511	<a href="http://www.itsconstruction.co.uk">www.itsconstruction.co.uk</a>
<b>Options Resourcing</b>	Ground Floor, Bradley House, Park 5, Harrier Way, Sowton Industrial Estate Exeter, EX2 7HU	01392 520032	<a href="http://www.optionsresourcing.com">http://www.optionsresourcing.com</a>
<b>RGB Group</b>	1 Emperor Way, Exeter Business Park, Exeter, EX1 3QS	01392 314052	<a href="https://www.rqbrec.com/">https://www.rqbrec.com/</a>
<b>Setsquare Recruitment</b>	Armada Hse, Odhams Way, Topsham. EX3 0PB	01872 242242	<a href="https://www.setsquarerecruitment.com/contact-us">https://www.setsquarerecruitment.com/contact-us</a>
<b>Workmates (Building Trades) Ltd</b>	Suite 3, Exchange House, 12-14 The Crescent, Taunton, Somerset TA1 4EB	01392 346218	<a href="http://www.workmates.co.uk/">http://www.workmates.co.uk/</a>

# Citizens' Advice Bureaux in Devon & Cornwall

<a href="#"><u>Citizens Advice Cornwall (St Austell)</u></a>	39 Penwinnick Road, ST AUSTELL, Cornwall, PL25 5DS
<a href="#"><u>Citizens Advice Cornwall (Truro)</u></a>	The Library Union Place, TRURO, Cornwall, TR1 1EP
<a href="#"><u>Citizens Advice Cornwall (Newquay)</u></a>	The Public Library Marcus Hill, NEWQUAY, Cornwall, TR7 1BD
<a href="#"><u>Citizens Advice Cornwall (Bodmin)</u></a>	Chy Trevail Beacon Technology Park, BODMIN, Cornwall, PL31 2FR
<a href="#"><u>Citizens Advice Cornwall (Falmouth)</u></a>	Mulberry Passage Market Strand, FALMOUTH, Cornwall, TR11 3DB
<a href="#"><u>Citizens Advice Cornwall (Camborne)</u></a>	Camborne Community Centre South Terrace, CAMBORNE, Cornwall, TR14 8SU
<a href="#"><u>Citizens Advice Cornwall (Liskeard)</u></a>	Duchy House 21 Dean Street, LISKEARD, Cornwall, PL14 4AB
<a href="#"><u>Citizens Advice Cornwall (Penzance)</u></a>	2 Alverton Street, PENZANCE, Cornwall, TR18 2QW
<a href="#"><u>Citizens Advice Cornwall (Saltash)</u></a>	Ground Floor 18 Belle Vue Road, SALTASH, Cornwall, PL12 6ES
<a href="#"><u>Plymouth Citizens Advice</u></a>	(Call centre only ) 3rd Floor, Cobourg House 32 Mayflower Street, PLYMOUTH, Devon, PL1 1QX
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Tavistock)</u></a>	Abbey Surgery, 28 Plymouth Road, TAVISTOCK, Devon, PL19 8BU
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Okehampton)</u></a>	The Ockment Centre North Street, OKEHAMPTON, Devon, EX20 1AR
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Crediton)</u></a>	Council Office Market Street, CREDITON, Devon, EX17 2BN
<a href="#"><u>Exeter Citizens Advice</u></a>	Dix's Field, EXETER, Devon, EX1 1QA
<a href="#"><u>Newton Abbot (Teignbridge) Citizens Advice</u></a>	36-38 Market Walk, NEWTON ABBOT, Devon, TQ12 2RX
<a href="#"><u>Teignmouth (Teignbridge) Citizens Advice</u></a>	Teignmouth Library Fore Street, TEIGNMOUTH, Devon, TQ14 8DY
<a href="#"><u>East Devon Citizens Advice (Exmouth)</u></a>	67 Exeter Road, EXMOUTH, Devon, EX8 1QD
<a href="#"><u>Citizens Advice South Hams</u></a>	Follaton House Plymouth Road, TOTNES, Devon, TQ9 5NE
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Tiverton)</u></a>	The Town Hall St Andrew Street, TIVERTON, Devon, EX16 6PG
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Tavistock)</u></a>	Abbey Surgery, 28 Plymouth Road, TAVISTOCK, Devon, PL19 8BU
<a href="#"><u>Citizens Advice Torbay</u></a>	29 Palace Avenue, PAIGNTON, Devon, TQ3 3EQ
<a href="#"><u>East Devon Citizens Advice</u></a>	Honiton Library & Information Centre 48-50 New Street, HONITON, Devon, EX14 1BS
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Barnstaple)</u></a>	1 Bridge Buildings The Strand, BARNSTAPLE, Devon, EX32 8LW
<a href="#"><u>Torrige, North, Mid and West Devon Citizens Advice (Bideford)</u></a>	The Old Schoolhouse 13 Bridgeland Street, BIDEFORD, Devon, EX39 2QE

**Telephone no for all offices is 03444 111 444**

**Other useful websites.** [www.JustConstruction.net](http://www.JustConstruction.net) [www.careersinconstruction.com](http://www.careersinconstruction.com)

**Disclaimer:** This is a small selection of the websites available. Jobcentre Plus is not responsible for the contents or reliability of linked websites. Listings should not be taken as an endorsement of any kind. Information contained is correct at the time of publishing

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